

# ELEMENTS CAFÉ

Mon - Fri  
7:30am – 3:00pm

Breakfast: 7:30-10:30  
Lunch: 11:15 – 2:00  
Snacks: 11:15 – 3:00



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OATMEAL</b>	🌱 Oatmeal & Toppings: Raisins, Almonds, Brown Sugar				
<b>SANDWICH</b>	Egg, Bacon, American Cheese on Croissant  🌱 Egg White, Yellow Cheddar, Mushrooms, Onion, Kale on Garlic Herb Wrap	🌱 Egg, Swiss Cheese, Turkey Bacon on Croissant  🌱 Egg, Queso Fresco, Avocado, Pico de Gallo, Black Bean Spread on Spinach Wrap	<b>MADE TO ORDER OMELETS</b> Choice of: Bacon, Ham, Sausages  🌱 Tomatoes, Onions, Jalapenos, Peppers, Asparagus, Mushrooms, Spinach  🌱 Goat Cheese, Cheddar Jack, Parmesan, American	Egg, Turkey Bacon, Pepper Jack, Herb Focaccia  🌱 Egg White, Pepper Jack, Black Beans, Tomato, Cilantro, Red Onion, Wrap	Egg, Swiss Cheese, Pork Sausage on Croissant  🌱 Egg White, Boursin Cheese, Peppers Onion on Potato Roll
<b>HOT BUFFET</b>	🌱 Fried Eggs, Plant-Based Chorizo, Tomato, Peppers, Onions & Peas  🌱 Scrambled Eggs  🌱 Tater Tots  Applewood Smoked Bacon  🌱 Roasted Broccoli Florets, Herb Oil	🌱 Vegetable & Cheese Frittata  🌱 Scrambled Eggs  🌱 Home Fries  Chicken & Apple Sausage  🌱 Sautéed Green Beans, Cherry Tomatoes, Onions	🌱 Pancakes 🌱 Maple Syrup 🌱 Whipped Cream 🌱 Fruit Compote  🌱 Scrambled Eggs  🌱 Potato Hash Brown  Kielbasa  🌱 Sautéed Kale, Peppers, Onions	🌱 Shakshuka: Eggs, Tomato & Feta  🌱 Scrambled Eggs  🌱 Hash Brown Patties  Corned Beef Hash: Potatoes, Peppers, Onions  🌱 Roasted Brussels Sprouts, Shallots	🌱 Waffles  🌱 Whipped Cream  🌱 Fresh Berries  🌱 Fruit Compote  🌱 Caramelized Banana  🌱 Nutella  🌱 Maple Syrup
<b>WEEK 2</b>					
<b>SANDWICH</b>	Egg, Pork Sausage (Patty), Chimichurri, Salsa Criolla, Cheddar on Ciabatta  🌱 Egg White, Yellow Cheddar, Mushrooms, Onion, Kale on Garlic Herb Wrap	Egg, Cheddar Cheese, Turkey Sausage (Patty) on a English Muffin  🌱 Egg White, Yellow Cheddar on Brioche Bun	<b>MADE TO ORDER OMELETS</b> Choice of: Bacon, Ham, Sausages  🌱 Tomatoes, Onions, Jalapenos, Peppers, Asparagus, Mushrooms, Spinach  🌱 Goat Cheese, Cheddar Jack, Parmesan, American	Egg, Bacon, American Cheese on Ciabatta  🌱 Egg White, Pepper Jack, Black Beans, Tomato, Cilantro, Red Onion, Wrap	Egg, Ham, Swiss Cheese on Brioche Bun  🌱 Egg White, Boursin Cheese, Peppers Onion on Potato Roll
<b>HOT BUFFET</b>	🌱 Spinach & Cheese Strata  🌱 Scrambled Eggs  🌱 Hash Brown Patties  Kielbasa  🌱 Sautéed Kale, Peppers, Onions	🌱 Ranch-Style Eggs, Black Beans, Tomato, Cilantro, Scallions, Cheddar  🌱 Scrambled Eggs  🌱 Tater Tots  Pork Sausage  🌱 Roasted Brussels Sprouts, Shallots	🌱 French Toast 🌱 Maple Syrup 🌱 Whipped Cream 🌱 Fruit Compote  🌱 Scrambled Eggs  🌱 Home Fries  Chicken & Apple Sausage  🌱 Sautéed Green Beans, Cherry Tomatoes, Onions	🌱 Flamenco Eggs: Plant-Based Chorizo, Tomato, Peppers, Onions  🌱 Scrambled Eggs  🌱 Potato Hash Brown  Applewood Smoked Bacon  🌱 Roasted Broccoli Florets, Herb Oil	🌱 Waffles  🌱 Whipped Cream  🌱 Fresh Berries  🌱 Fruit Compote  🌱 Caramelized Banana  🌱 Nutella  🌱 Maple Syrup

\*\* Menus are subject to change due to seasonality and availability

\*\* Before placing your order, please inform your server if a person in your party has a food allergy